

Mums Go Free At Ballyearl

Mums get a squash lesson or gym lesson and...

...a nice cup of tea for free!

Starts Saturday
20th February 10.30am

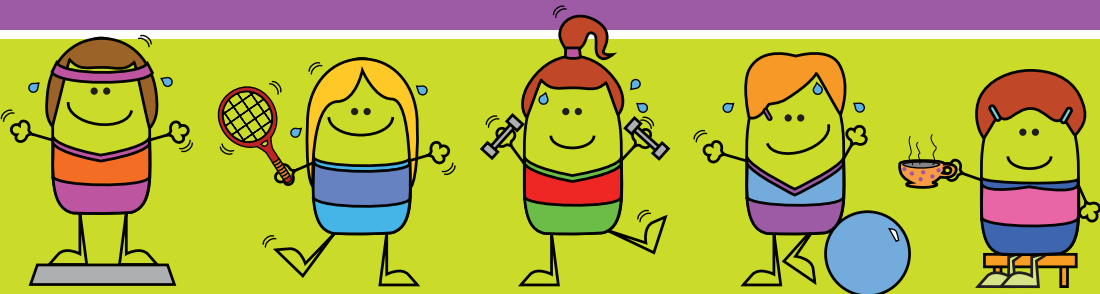
Spaces are limited so please book in advance to avoid disappointment

Please contact: **Jenni Coulter** - T: 028 9034 0037
email: jcoulter@newtownabbey.gov.uk

Kids £3 each | £5 for a Family
(Kids aged 8 - 14 years of age)

Kids 45 min circuit class
& 45 min squash lesson

Zest fitness



Application Form

Mums name

Child/children's name

Address

Contact numbers

Email

Medical history

Mum's chosen activity:

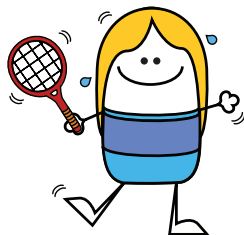
(Please tick your chosen activity below)



Aerobics

Fitness Suite

Squash Coaching



Spaces are limited so please book in advance to avoid disappointment

I agree

Disagree

To give my consent for my child to appear in publicity related photographs in connection with the Mums go free programme and other associated publicity material by Newtownabbey Borough Council

